



## Pavan Guru

Increases pranic energy.

### Mantra:

Pavan Pavan Pavan Pavan  
Para Paraa  
Pavan Guru Pavan Guru  
Wahe Guru Wahe Guru  
Pavan Guru

### Translation:

Pavan - The Divine Breath.  
Par Para - From Beyond the Beyond.  
Pavan Guru - Breath is the Guru.  
Wahe Guru - The Experience of the Divine

### More Information:

Pavan is the air, the breath, carrier of the prana, the life force. This is God in action.

### Albums that feature the mantra:

