



Aap Sahaaee Hoa

This mantra will totally eliminate enemies and block the impact of animosity forever. It can give you mental self-control.

Mantra:

Aap Sahaaee Hoaa,
Sachay Daa Sachaa Doaa,
Har, Har, Har

Translation:

You, Divine One, have become my refuge.
True is Your support,
Great Creative Infinite.

More Information:

According to Yogi Bhajan this mantra "...will totally eliminate enemies and block the impact of animosity forever, it can give you mental self-control..."

Yogi Bhajan also said that if chanted for 62 minutes, the best time being between three and four AM, it can relieve unbearable financial pressure.

This mantra meditation from the Siri Guru Granth Sahib is a gift to you that will let you penetrate the unknown without fear.

It will give you protection and mental balance.

Source: Guru Granth Sahib

Author: Guru Arjun Dev Ji, Fifth Guru of the Sikhs

Language: Sanskrit

Albums that feature the mantra:

