



## Aad Such Jugaad Such Hai Bhee Such

Helps to remove blocks when you get stuck and gets you moving.

### Mantra:

Aad Such  
Jugaad Such  
Hai Bhee Such  
Nanak Hosee Bhee Such

### Translation:

True in the Primal Beginning  
True throughout the Ages  
True Here and Now  
Nanak, forever shall be True.

### More Information:

This mantra is part of the Mul Mantra, which is at the very beginning of Japji Sahib. This is a mantra connects you to the infinite.

Source: Japji Sahib

Author: Guru Nanak Dev Ji

Language: Gurmukhi

### Albums that feature the mantra:

